

Applying the Psalms  
Ps 28 and 46  
Sept 13, 2020

Review and noteworthy:

Remember the classifications of Psalms: (with a few examples)

- Lament – both individual (3-7, 51, 54-57...) and national (44, 83, 90...)
- Individual Praise (11, 18, 23, 30, 118, 139...)
- Praise and Thanksgiving (8, 19, 29, 103, 145...)
- Messianic (16, 22, 24, 45, 110...)
- Wisdom (9, 12, 14, 15, 52, 53, 94...)
- Penitential (confession) (6, 32, 38, 143...)
- Royal (2, 18, 20, 21...)
- Zion – psalms of Jerusalem, Psalms of ascent “on their way up to Jerusalem!” (42, 43, 87, 122...)
- Imprecatory – judgment on another (35, 58, 69...)

There are only 7 known authors of 99 of the 150 psalms. 51 are unknown. Some speculations on those, but best to leave it as unknown.

1. David - wrote 73 psalms: 3-9; 11-32, 34-41, 51-65, 68-70, 86, 101, 103, 108-110, 122, 124, 131, 133 138-145
2. Asaph wrote 12 psalms: 50, 73-83
3. Sons of Korah wrote 9 psalms: 42, 44-45, 47-49, 84-85, 87
4. Solomon - 2 psalms: 72, 127
5. Heman the Ezrahite - 1 psalm: 88
6. Ethan the Ezrahite - 1 psalm: 89
7. Moses - 1 psalm: 90

Book One 1-41 Man and Creation in Genesis

Book Two 42-72 Deliverance and Redemption in Exodus

Book Three 73 - 89 Worship and Sanctuary in Leviticus

Book Four 90 - 106 Wilderness and Wanderings in Numbers

Book Five 107 - 150 Scripture and Praise in Deuteronomy

**We apply the psalms as we learn to meditate and recall the psalms**

- Rom 15:4; 2 Tim 3:16-17
- Ps 19:14; Ps 119:97

Psalm 46

As you read through this psalm, think on how it fits our world today.

How is God our refuge?

- Ps 17:8, 36:7, 57:1

**We apply the psalms as we learn to journal and write specific prayers and applications.**

We find encouragement in the stillness with God. Think on vs 10-11.

When and how will God be exalted among the nations? Compare vs 6 with 10.

- Is 45:22-24 and Phil 2:9-10

Ps 28:1

How is God our Rock? What image does that give you?

- Is 28:16, Eph 2:19-20
- Where else in scripture is the rock described?

Ps 28:2-5

Here is the lament. David's concern for the wicked who talk well but have evil hearts and will face a judgment.

Ps 28:6-9

Here David returns with honoring the Lord. Look for descriptions of the Lord's character. We can model our own prayers after David's.

People without God will face judgment.

How does that help us want to share the Gospel with others?

*Thank the Lord for your salvation and walk in confidence.*

*Lament on behalf of the lost that need Jesus!*

This week, practice applying what you read in scripture. Think of a key passage throughout the day. Perhaps write out some initial thoughts in a journal that you can come back to tomorrow.